YOUR CHOICE
RESOURCE CENTER

SCAN ME!

Everyday at Your Choice Resource Center, women and men in our community walk through our doors looking for help during an unplanned pregnancy. They are scared and unsure of what to do. We are here to help, offering women Christian, compassionate care through free pregnancy testing, limited ultrasounds, accurate information on all their pregnancy options, and the love of our Savior. We could not continue to provide these free services without you! Please join us for our annual Walk, Run, and Littles for Life. **Your fundraising efforts help us continue this life-changing, life-affirming ministry.**

SATURDAY, SEPTEMBER 19
FAITH CHRISTIAN SCHOOL
1333 Faith Christian Drive, Rocky Mount

NEW LOCATION

PRAYER WALK
Day of Registration & Event - Floating 8:00-9:30 am
Online Registration & Fundraising - friendsofycrc.org/walkrunforlife

LOOP RUN
Day of Registration begins at 7:30 am
1 Hour loop run from 8:30-9:30 am
Online Registration & Fundraising - friendsofycrc.org/walkrunforlife
Cost: $40 registration fee (Day of registration: $50)

LITTLES FOR LIFE FIELD DAY
Day of Registration begin at 9:00 am
Event begins at 9:45 am
Online Registration & Fundraising - friendsofycrc.org/walkrunforlife
Cost: $10 per registration

MORE DETAILS INSIDE

friendsofycrc.org || 252-446-2273 || tiffany@friendsofycrc.org
Follow us @friendsofycrc

SATURDAY, SEPTEMBER 19
GOAL: $195,000

- ***NEW LOCATION! Faith Christian School***
- ***Prayer Walk - Floating 8:00-9:30 am***
- ***NEW RUN FORMAT! 1 Hour Team Loop Race***
- ***Littles for Life Field Day - Ages 15 months - 7 years***
- ***Online Fundraising for ALL Categories Available!***

PRAYER WALK

- Day of registration & event: Anytime between 8:00-9:30 am
- Prayer guides will be available
- Any participant raising funds is required to register at the shelter
- **Online registration & fundraising encouraged**
  - **friendsofycrc.org/walkrunforlife**

LOOP RUN

- Day of check-in and registration begins at 7:30 am
- Run will be from 8:30-9:30 am
- **Cost:** $40 registration fee if registered before 9/16
  - Day of registration is $50 (Card Only)
- **Team Competition**
  - A church, business, or organization may have a team
  - The team with the most loops recorded in 1 hour wins
- **Online registration & fundraising encouraged**
  - **friendsofycrc.org/walkrunforlife**

LITTLES FOR LIFE

- Day of check-in begin at 9:00 am
- Event Begins at 9:45 am
- Children age 15 months - 2 years will participate in a race
- Children age 3-7 will participate in relay games
- **Cost:** $10 registration fee
- **Online registration & fundraising encouraged**
  - **friendsofycrc.org/walkrunforlife**

IMPORTANT: IF YOU ARE USING PAPER FORMS TO FUNDRAISE

- Use the GREEN sheet to track and collect cash/checks
- Use the BLUE sheet to track individuals wishing to be billed (pledges of $25+)
- Bring your completed forms and any money raised on September 19. If you cannot attend, please bring your forms and money to the Center prior to September 19.

CORPORATE SPONSORSHIP OPPORTUNITIES AVAILABLE

We have multiple sponsorship opportunities available for your church, business, or organization. To learn more, scan the QR code or visit **friendsofycrc.org/wrlsponsor**

WHAT'S NEW?

LOCATION

We're thrilled to partner with **Faith Christian School** as the host location for this year's event. Their beautiful campus provides the perfect setting for a morning of community, competition, and support for life.

- Faith Christian is located at 1333 Faith Christian Drive in Rocky Mount

LOOP RUN

The loop run is a fun team challenge held on a 1-mile cross country course

- Participants run laps around the 1-mile loop for 1 hour
- Every completed lap counts toward your team's total
- Team members can run or jog at their own pace
- When the hour is up, all laps will be added together and the team with the most total loops completed wins
- **Team Incentive:** If a team raises $3,000+ online by Friday, September 18 at 12 pm, the team will gain an extra 10 loops to their total

PRIZES

There will be no individual competitive prizes this year, only team prizes. A church, business, or organization may have a team.

- Most Money Raised
  - The team who raises the most money across all walkers, runners, and littles will receive this year's Most Money Raised Trophy
- Most Loops
  - The team who has the most loops completed at the end of the hour loop run will receive this year's Most Loops Trophy
- Best Costumes
  - The team who has the best themed costumes (judged by a secret panel) will receive this year's Best Costume Trophy

SHIRT

Registered walkers and runners who raise $150 or more will receive an official event t-shirt *while supplies last*

- **Online registration & fundraising available**
  - **friendsofycrc.org/walkrunforlife**

RAISE $1,000 & RIDE A HELICOPTER!

Individual participants who **raise $1,000 or more in sponsorships** will qualify for an exciting helicopter ride!

RAISE $2,000 & BE ENTERED TO WIN!

Participants who **raise $2,000 or more in sponsorships** will qualify to be entered into a drawing for two round-trip tickets to anywhere Southwest Airlines flies. Drawing will be held Tuesday, September 22 and announced on our Social Media pages.